READY TO MOVE INTO YOUR OWN APARTMENT?

IMPORTANT TIPS AND ADVICE

People who are new in Germany are often not familiar with the rules and customs in what to them is a foreign country. This leaflet shows you how to find your way quickly in your new surroundings.
Moving soon?

Here are a few tips that you should bear in mind to keep on good terms with your neighbours:

• **Introduce yourself to your neighbours.**
  They are sure to appreciate the gesture.

• **Ask if there are any House Rules that you need to know about!**
  For example, do you have to help to clean the corridors on certain days?
  Where can you hang your laundry?
  Are there quiet hours at lunchtime?

• **If you want to have a party,**
  tell your neighbours before hand that it might be a bit noisier than normal.

• **After 10pm, the rule is to maintain night-time peace.**
  All activities after this time should be at normal room volume.
Climbing, skipping and playing football are all great fun. But not all places are suitable for playing. These tips and ‘game rules’ will tell you all you need to know:

- Ask a grown-up where the nearest playground is (leverkusen.de/leben-in-lev/familie-kinder/freizeittipps/Spielplaetze.php)

- If you want to play with a ball in your room or near the house, choose a soft foam ball, because it is quiet and won’t damage any valuable items.

- When you have finished playing, don’t leave your skateboard, dolls, balls, etc. in front of the building or outside your apartment door, where neighbours might easily trip over them and hurt themselves.

- Discuss with the caretaker or with neighbours where it is OK to leave your bicycle.

Have fun playing!
In Germany, all tenants are obligated to separate their household waste into different types before disposing of it. This protects the environment and saves money.

The Refuse Calendar (‘Abfallkalender’) published by the waste disposal organisation in Leverkusen (AVEA) tells you:

• What rubbish to put in which bins
• Which bins will be picked up from outside your door
• What items have to be taken to collection points in your district
• When the containers are emptied

Available from:
leverkusen.mein-abfallkalender.de
or in printed form at the info desk in the town hall or at AVEA-Zentrale, Im Eisholz 3.
Handling water

The quality of tap water in Germany is such that it is suitable for drinking. To protect it, please note the following:

• Do not dispose of hygiene articles, cosmetics, cigarette butts, waste food or other household residues by throwing them into the sink or toilet.

• Do not leave water running while showering, washing your hair or cleaning your teeth, but turn off the tap as long as you do not need the water!

• Showering for 5 minutes is better than having a bath.

• Health tip: To protect your skin, shower in lukewarm water, (approx. 35 degrees Celsius)
Tips on how to save energy

• Put lids on pans whenever you cook.
• Switch electronic equipment off completely.
• Do laundry without a prewash cycle.
• Delicate wash cycles cost more.
• Dry your washing on a laundry stand.
• Close the fridge door quickly.
• Do not boil more water than you need in the kettle.
• Fan ovens are cheaper to use than ovens with top/bottom heat.
• Select the right room temperature:
  - max. 21°C
  - approx. 16°C
  - max. 23°C
  - max. 19°C

• Periodic ventilation is more effective than permanently tilted windows
  - Open window wide
  - Turn down thermostat
  - Ventilate several times a day
  - Ventilate for several minutes

• More frequent ventilation is needed:
  - In the bathroom after showering
  - In the kitchen when cooking
  - If you (exceptionally) dry laundry in the apartment
    (to avoid mould)

Months | Ventilate for:
December to February | 5 minutes
March, November | 10 minutes
April, October | 15 minutes
May, September | 20 minutes
June to August | 30 minutes
Who can I go to for help or when I have questions?

- While I am living in shared accommodation:
  - Support staff at the facility
  - The caretaker/janitor

- If I am already living in an apartment:
  - Flüchtlingsrat Leverkusen · Tel.: 0 21 71/34 34 99
  - Caritas Leverkusen · Tel.: 0214/40 39 40

- The voluntary supervisor

Useful information about existing offers and who to contact is available from: leverkusen.de/leben-in-lev/gesellschaft-soziales/fluechtlinge-in-lev/index.php