

Every watt and every degree counts - energy saving made easy!

Electricity and gas are becoming more and more expensive. One reason for this is the war in Ukraine. Important supply routes, such as the gas pipelines from Russia, are therefore unavailable.

Saving energy is important to ensure reserves are not depleted in winter. The following tips show how easy it is for everyone to make an important contribution to saving energy. Therefore:

Ventilate properly: turn down the heat and open the windows fully for about 5 minutes 3 times a day. This is the only way to make sure the moisture in the air can escape. A lot of moisture is generated by showering, cooking or drying laundry, for example. Mould can grow on the walls in case of incorrect or insufficient ventilation.

Adjust the room temperature: heating just 1°C less saves 6% energy. The recommended room temperature is about 20°C. Turn the knobs on your radiators to "3" to achieve this. But don't heat too little either: Mould can also develop in rooms that are too cold (below 16°C) for longer periods.

Use the washing machine efficiently: Always fill the machine completely and wash at lower temperatures of 40°C (or even just 30°C) instead of 60°C.

Take shorter showers: Reduce shower time to no more than five minutes and, if possible, just shower warm instead of hot. This saves up to 50% energy.

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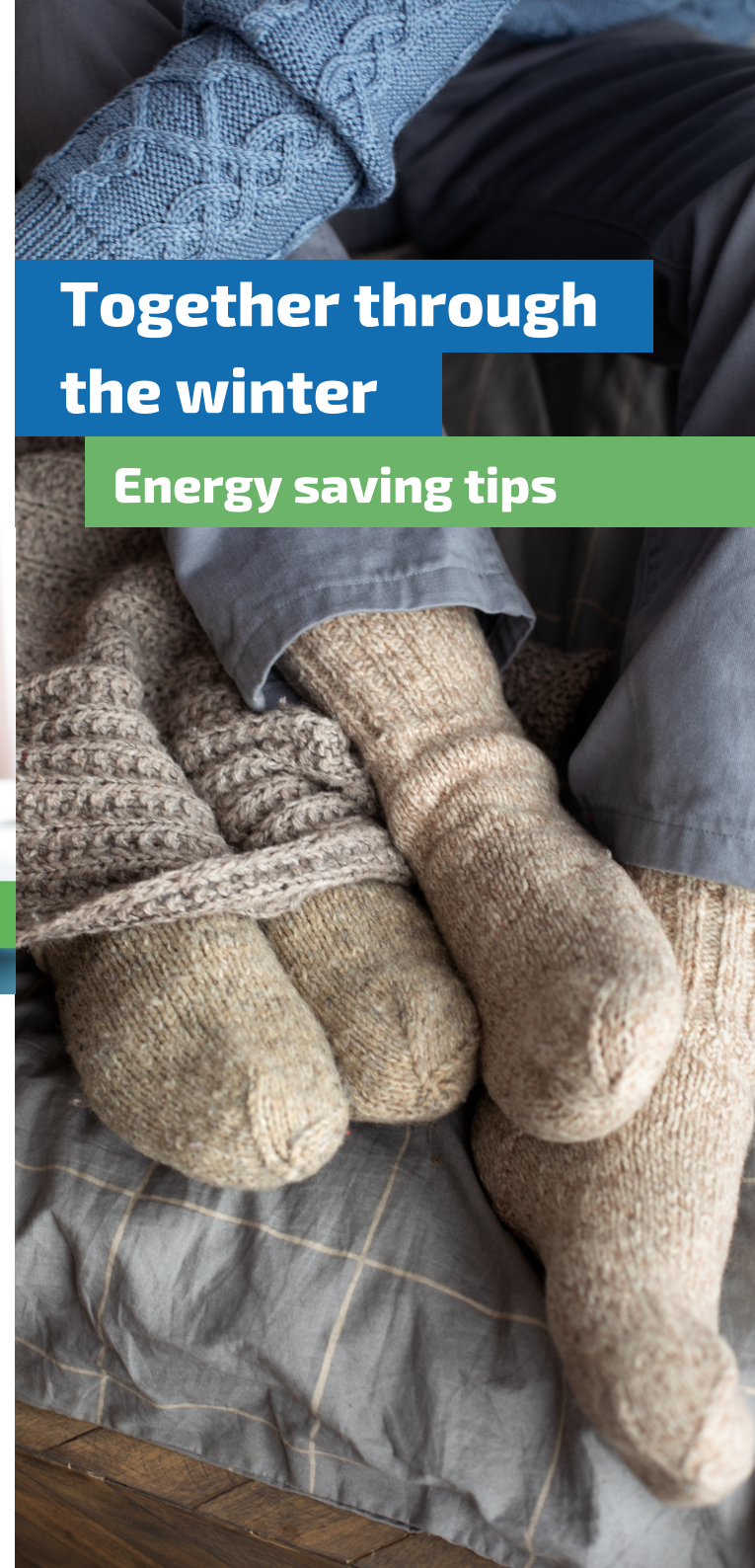


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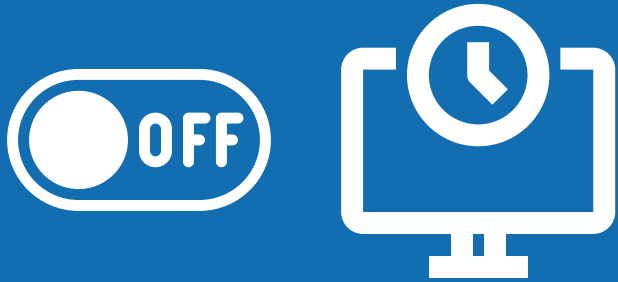


Together through the winter

Energy saving tips



Off instead of standby



Periodic ventilation instead of tilted windows: 20% savings



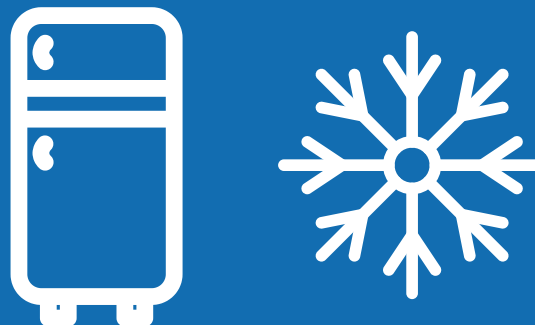
5 instead of 7 minutes: 28% savings



Lid instead of steaming: 65% savings



7 instead of 6 degrees: 6% savings



20 instead of 21 degrees: 6% savings

